

Empower

Career Success Program

From small things, big things grow.

The aim of Empower is to foster personal development that grows the capacity and skillset of the individual so that they can work at their best as a productive, positive, fulfilled team member ready to take on new challenges.



Participants gain insight into their personal ambitions, work style, inherent strengths and challenges, prevailing attitudes, communication effectiveness and internal biases and learn new knowledge, techniques and skills that help mitigate personal weak spots.

They expand their personal understanding to build better and more effective behaviours, feelings of self-confidence and self-worth. This understanding also helps to create a satisfying work life balance.

EMPOWER equips mid-level employees and emerging leaders with techniques, practical tools and strategies to work at their best. It is a small group forum for exchanging ideas and experiences to support each others' progress and performance.

EMPLOYEES GAIN

- self awareness and a deep understanding of their strengths and motivators
- ideas to improve their communication effectiveness
- how the DISC or PRINT behavioural model can lead to better business relationship building and an understanding of the barriers that are holding them back from success at work
- a solid, lasting internal network to support their career progress and performance
- increased self confidence in all aspect of their career

EMPLOYERS GAIN

- more confident, engaged employees
- greater loyalty and employee retention
- reduced hiring and training costs
- greater employee commitment to company values
- more collaborative, trusting and productive team work
- a pool of aspiring and prepared new leaders
- happy, satisfied employees leading to improved innovation and problem solving
- physically and mentally healthier and resilient workforce
- employees who are committed to understanding and helping each other at work



FORMAT

- 4 x 1 day face to face workshops or webinars over 2 months
- 12-16 participants
- Exclusive access* to the EmpowerHub membership self-development portal. This encourages participants to continue their learning at their own pace. They will have access to recommended apps, articles, blogs, books, micro-courses, tips and techniques and videos. They will have access to their internal network using the EmpowerHub community space.

*only people who have completed the Empower Career Success program can be a member of the Empower Hub.